Keynote Presentation: Working Relationally and Restoratively with one another, with Children, Families and Schools: Everyday Practices

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Working Relationally and Restoratively with one another, and with Children, Families and Schools: Everyday Practices

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Traveller, there is no path,

The path is made by walking,

By walking the path is made.

Traveller, There is no Path by Antonio Machado

10 Relational & Restorative Principles

(sources: restorative pioneers, elders, authors and everyday practitioners)

- Relationships really matter
- Difference is an asset
- Be curious rather than judgmental
- Be collaborative rather than competitive
- Be both supportive and challenging
- Be responsible for what's yours
- Enable and allow others to be responsible for what's theirs
- Listen more to understand rather than to respond
- Ask more than tell
- Be kind

In 3s, take 10 minutes to do two rounds to respond to these questions...

- 1. What do you value about the work you do?
- 2. What value do you bring to the work you do?

	Students	Staff	School
Quantitatively measured outcomes	 Exclusions: Behaviour incidents/referrals Violent incidents Repeats Disproportionality Attendance Chronic absence Attainment 	 Attendance: Stress absence Retention	Performance on metrics
Qualitatively measured outcomes	 Social, Emotional and Behavioural competencies Self-esteem Sense of safety Connection to school Conflict skills Relationships: with peers, staff Wellbeing 	 Connection to their work Confidence to deal with incidents Relationships: with students, parents, peers, management Wellbeing Zaksze Darling-Hammond, S., Fronius, T.A 	• Community cohesion • Climate for learning ski, B. & Rutherford, L. (2021) ., Sutherland, H. et al. (2020)

Restorative Practice is a philosophy, in action, that places the relationship at the heart of the educational experience. Restorative work in school communities builds and maintains inclusive networks of positive relationships. A range of specific restorative tools are used to restore these relationships where harm and misconduct occur.

(Corrigan, NZ Ministry of Education, 2012)



Skills

Values

Dignity

Diversity

Participation

Honesty

Community

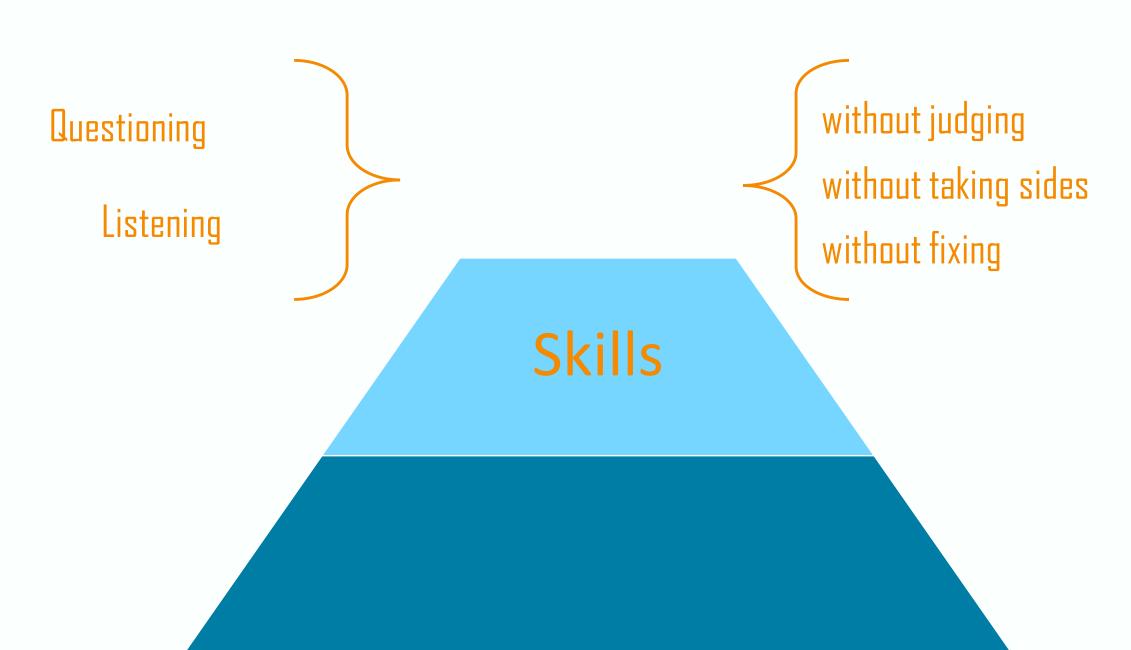
Respect

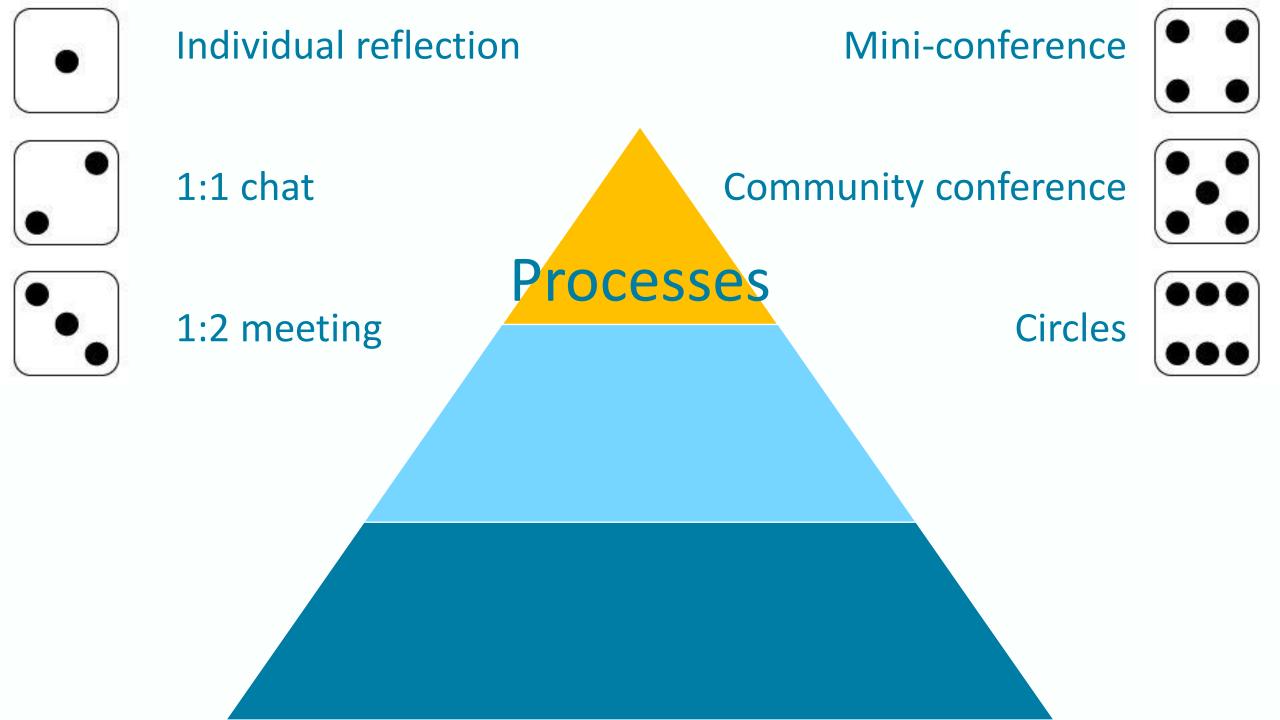
Responsibility

Kindness

Values

Being present





- 1. What happened?
- 2. Thoughts and Feelings?
- 3. Impact?
- 4. Needs?
- 5. Moving Forwards?

REFLECT - REPAIR - RECONNECT

What happened?

What were you thinking / feeling at the time?

What do you think / feel about it now?

Who's been affected? How has this affected you?

What's needed to make things right?

What have we learned from this?

SUMMARY OF FINDINGS

APPG RP in Education Settings

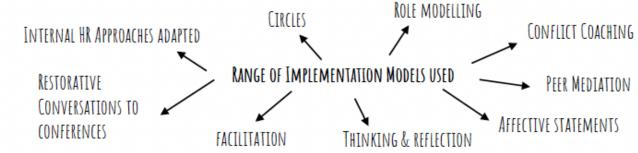
RATIONALE

FOR ADOPTING A RESTORATIVE APPROACH

- Negative impacts of punitive approach on wellbeing and mental health (MIND and Commission Young Lives Research)
- Restorative prioritises social learning and relationships over passive social conditioning through control and compliance
- Works well with other initiative such as trauma informed approaches, shame sensitive practice, emotion coaching etc

IMPLEMENTATION

- Most frequently mentioned element is training
- · Risk of train and hope is a concern
- Broader Local Authority level examples as well as schools of strategic implementation
- Conceptual, pedagogical and routine RP



IMPACT

Students:

- Key life skills including; conflict management, communication, relationships building
- Listening Capacity for reflection and ethical literacy
- Relationships with staff strengthened

Staff:

- Increased retention / reduced absence
- Competency and confidence to work with all behaviours and understand them
- · Enhanced and enriched sense of connection with their work

OBSTACLES

Philosophical:

- · Messages from the DfE and Ofsted felt to be in contradiction to a relational / restorative approach
- · Mistaken as a "soft option"
- · People are not "buying in" to the approach
- · Insufficient understanding of what Restorative Approaches are
- · Beliefs that punitive is better
- · Misaligned and misused as a sanction

Practical:

- · Staff turnover esp head teachers and SLT
- · Innovation overload
- · Limited finances
- Resources: Time Day to day running but also the length of time it takes to embed in practice

School-based Relational and Restorative Practices

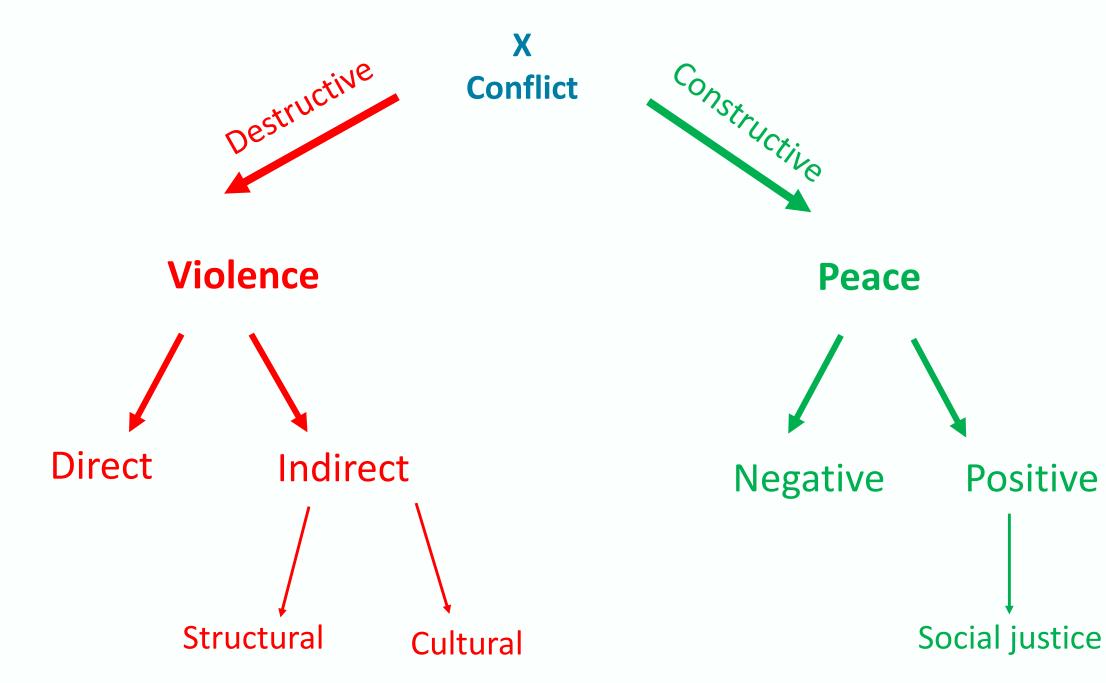
Primary / Secondary / Tertiary

Whole School Approach / Pockets of Practice

Staff / Students / Parents

Inward-facing / Outward facing (staff)

Conceptual / Pedagogical / Routine RP



In a Circle of about 6 people, take 20 minutes to do two rounds on these questions...

- 1. What *needs* do you identify in your schools that a more relational and restorative approach might help to meet?
- 2. What *opportunities* can you identify for supporting your schools to adopt or embed this approach?

